



The Universal Flame

Free monthly publication

Issue 012012

January

New Events

**New Year's Day
Celebration**
2:00 p.m.

**Metaphysics and Its
Practical Applications
(Spanish/English)**
Saturday, 1/7, 1/21
6:00 p.m.

**Attaining and Main-
taining a Vibrant Life**
Tuesdays
Begins 1/10, 7:00 p.m.

Reshaping Your Life
Begins Mondays
1/23, 6:30 p.m.

Mystical Journeys
Saturday 1/14, 4 pm
Thursday 1/26, 7 pm
4:00 p.m.

What's Up

We are very happy with the addition of Spanish metaphysical classes beginning this month. Marco Lopez, a new member/volunteer, who is bilingual, will be offering the first class on Saturday, January 7, at 6:00 p.m., an introductory class in metaphysics and its practical applications. At last, we are able to offer our unique philosophical smorgasbord to Escondido's large Spanish-speaking population. All are welcome, member or not!

Large quantities of recently donated books are being processed into our Library. We will be listing some of these new additions in the Flame on a monthly basis for you to browse through and whet your appetite. Our partial list is inside this newsletter

Much has been made of the importance of 2012 and the possible changes that may occur. Whatever does come, we are thankful for the opportunity to serve our community of seekers by holding the space for their search for truth, light and love. May we all—the world over—be brought to the brink of unconditional love *and jump in!*

HAPPY NEW YEAR

New Year's Day Celebration

Last year we were in the throws of moving and could not hold our annual event, but this year we are ready and willing to start at 2:00 p.m. Join us for a warm and friendly community activity—a good way to start the year! Group collages, individual vision boards or just good conversation accompanied by potluck finger food. Or perhaps some would like to watch a movie? Maybe sing-a-long or toning? Bring along your own scissors and any pictures or items you might want to include in your collage. Poster boards, magazines and glue will be provided. For more information, call Genny at (760) 743-3849.

Annual Meeting/Election of Board Members

Every year in conjunction with our January Board Meeting, our Annual Meeting is held and three Library members are elected for the next four years. This will take place on Friday, January 20 at 7:30 p.m. You may cast your ballot in the Library from 1-7:30 p.m. that day if you cannot attend the meeting. Only current members are eligible to vote.

An optimist stays up until midnight to see the new year in. A pessimist stays up to make sure the old leaves.

Bill Vaughn

Other Than This.....

Greetings All – Happy New Year, and may you know many Blessings this day, this week, and throughout this newly minted year! Newly minted? Why yes, of course. Bright as a newly minted coin, shiny as an illustrious sunrise, and full of yet to be known glorious gifts. And how shall you know these gifts? Often you won't.

Recently, I left the house forgetting my wallet. Fortunately, I remembered after a few minutes, simply returned and retrieved it. Do I know this was a gift? Who knows if it was, or what those few minutes' delay may have done for my life—prevented an auto accident? Left me the perfect parking place? What would have been gained wailing over the short travel time lost? An hour later, it did put me in the grocery store checkout lane directly in front of a woman who looked almost exactly like my dear Aunt Alice whom I've not seen for at least two and a half years. I told her "You look so much like my Aunt Alice. If she did not live in Iowa, I would swear you were her" She told me her name was Alice too! We laughed and I asked if I could give "my Aunt" a Holiday hug. Caught off guard, she said "Why, I suppose so. Of course you can!", so I hugged a perfect stranger in line as the checkout clerk waited. It was truly a joyous moment. Even the people behind her who overheard cheered and waited patiently. So you see, my friends, gifts come not just in packages with ribbons and bows, but in kind words and gestures and a smile.

Do you give a gift, send a card, make a donation so others can see just how much you care? Or do you do it without the 'glory' and attention it receives from others? On that day that perfect stranger, that woman I now know as Alice, gave me the gift of allowing me a hug, and it was one of the true highlights of this Holiday season. So – why do I call this person a 'perfect' stranger? She was perfect. That she simply is – makes her perfect. And so, too, was the store's clerk and the folks waiting behind us in line. If they had been impatient and complained – so what? Maybe that slight delay may have had the same consequences as mine earlier in the day had on my circumstances; they'll never know—it doesn't matter. These small gifts, these small blessings, which we receive every day aren't always for knowing or for keeping score so we come out 'even'.

Recently some dear friends cut firewood for me, and what they did - the gift of that effort, and the gift of a warm fire on a cold evening shall not, and could not, ever be calculated. Remembering what they did warms me right now on this sunny afternoon as I write this. As the days of this New Year unful before you, I trust you'll begin to see what gifts are in store for you and given freely every day. If I were to have any desire it would be simply for you to recognize the gifts. May you know Joy in every day of this New Year, and many blessings.

ronananda (ron@leejen.com)



We are adding to our book collection weekly. Here are some of our new additions to the Library.

Chaos, Creativity and Cosmic Consciousness	<i>Rupert Sheldrake</i>
Biorhythm for Health Design	<i>Tatai Kichinosuke</i>
Ayesha: The Return of She	<i>H. Rider Haggard</i>
A Sudden Clash of Thunder	<i>Bhagwan Shree Rajneesh</i>
A. R. Orage: A Memoir	<i>A. Ro. Orage</i>
Accupressure	<i>Carola Beresfor-Cooke</i>
Agapology	<i>Wilmon Henry Sheldon</i>
The Age of Spiritual Machines	<i>Ray Kurzweil</i>
Akhunaton: The Extraterrestrial King	<i>Daniel Blair Steward</i>
All Things Possible	<i>Ray Eugene Davis</i>
American Indian Healing	<i>Kachinas Kutenai</i>
A Brief History of Time	<i>Stephen W. Hawking</i>
A Dictionary of Symbols	<i>J. E. Cirlot</i>
A Herbal of All Sorts	<i>Geoffrey Grigson</i>
A History of Secret Societies	<i>Daraul Arkon</i>
A Little Book On the Human Shadow	<i>Robert Bly</i>
A Wanderer's Handbook	<i>Carla Lisbeth Rueckert</i>
Age of Reason	<i>Jean-Paul Sarte</i>

Monday Events

Reshaping Your Life

Seven-week workshop

Begins Monday, January 23, 6:30-8:30 p.m.



Gain control of the way you think and feel, dissolve unhealthy habits, reduce anxiety and stress, experience the power of NOW and remove obstacles that are in your way to creating what you want for yourself. These are a few topics that will be covered in your seven-week interactive workshop. Facilitated by Rhoda Reilly, Licensed Clinical Social worker, Hypnotherapist, and Heal Your Life Licensed workshop leader. Rhoda works as a psychotherapist in her private practice in Valley Center. Rhoda is committed to teaching others transformational skills to dramatically improve their lives. \$115 or \$20 per session. Participants MUST register before class begins. Call (760) 742-1392.

Lady Ashtar

Tuesday, January 17, 7:00 p.m.



Terrie Symons, previously known as Terri Cunningham, will offer you an opportunity to receive a channeled teaching from the Ascended Master Ashtar in his loving voice. He will speak to a topic that will be appropriate to the group in attendance and give a message to each who sits in. Participants' questions will fill out the session.

Terrie is the author of two books: Butterfly Blessings: A Collection of Spirit Inspired Prayers, and The Process of Ascension and the Awakening of the Starseeds: A Message from a Higher Light. More Info: Terrie at (760) 728-8728 or e-mail her at terrie@ladyashtar.com. \$40, or Preregister before event at www.LadyAshtar.com for a reduced price of \$35.

Tuesday Events

Dream Exploration

Tuesday, January 3, 7:00 p.m.

Explore your dreams! Develop a relationship with your own "dream-maker" to help understand yourself. A variety of techniques will offer the opportunity to become more aware of your beliefs and inner conflicts. Info: Genny Carr: (760) 743-3849. Library Donation.

Attaining and Maintaining a Vibrant Life

Four-week workshop

Begins Tuesday, January 10, 6:30 p.m.

Each class will build on the previous class, so plan on attending all four. Join me in experiencing the Energy in our lives in a more expanded way, learning how to use it to create the life you choose. Some of this material is based on the teachings of Glenda Green, author of "Love Without End".

- Opening and experiencing the body's energy
- Working with the hard and soft energies in our lives
- Bringing more life energy into all our daily affairs
- Looking at the patterns in our lives

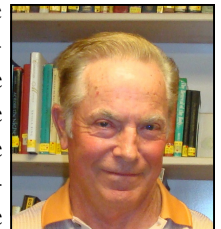
Please RSVP to Phyllis Gottshall at (760) 745-5298 or phylnan@earthlink.net. Library donation.

Wednesday Events

Alexander Speaks

Wednesday, January 18, 7:00 p.m.

Alexander is now presenting the experience of discovering your energies and abilities from observable past overlays. Bring your unique talents and abilities and share in the process. Past lives and psychic messages as time permits. Interactive discussions and insights include:



- The Future
- Alternative Prophecy for 2012
- Conflict Resolution
- Individual and Mass Conscious Manifestations
- Elimination of the Need for Control
- The Art of Forgiving
- Spiritual Development, Evolvement and Expansion
- Traits of An Evolving Being and more

Suggested \$10 loving support to your library. For more information, contact Jim Buchanan (858) 486-8390. Alexander DVDs now available.

Thursday Events

Meditation with Indeara

Thursday, January 12, 7:00 p.m.



Meditation gives you a way to heal your Body-Mind-Spirit. You can experience a natural high that invigorates you to feel stillness and release impurities, stress, and mundane concerns into the light of bliss and your immortal essence. You will be able to strengthen your connection to the spiritual, emotional and physical aspects of your being. Indeara can help you to

Make Empowered Decisions™ and you can begin living a more harmonious lifestyle with your divine purpose, creating abundance, experiencing happiness, and becoming more enlightened.

After many years of meditation, Indeara was able to see and connect with Angelic Beings. She developed the Life Balance Process for Inner Transformation™ after communication with many of them. She can become a channel for, and the embodiment of, the Goddesses, Gods, Angels, Sages of India and Ascended Masters. She invites you to share that spark of divinity. You can ignite the divine flame and lift your worries to the Divine to find your true self. Info: www.indeara.com; indeara333@gmail.com; (928) 225-5983; Library donation.

Maitreya, UFO'Ss, Crop Circles and their Relation to Current Events

Thursday, January 12, 6:30 p.m.

As we enter the New Age, all kinds of signs such as the people's voices being heard all over the world and an increasing number of UFO sightings become visible in our daily life signaling our entering the Aquarian Age, a time in history like never before seen, and with the aid coming from the Masters of Wisdom, a more spiritual civilization is in our future. Come and join a lively discussion of these and other topics of current interest, and an introduction to Transmission Meditation. Library Donation. For more information: 760-822-6294; www.iamhealingmiracles.com

Akashic Record Readings (by appointment)

Thursday, January 19, 5:00 p.m.

Akashic Records are the vibrational Library that holds the record of every soul and its journey. These records can give insights into any question, but more specifically,

into past lives and their influences into our present incarnation. Isabelle offers Quick Pulse, a Jo Dunning's technique that transcends in a few minutes and clears energetically any limitation, belief or blockage that affects our life. 45 min. reading: \$75; reading plus 1 item cleared: \$100; 1 item cleared: \$40; 4 items cleared: \$100. For appt: Contact Isabelle Joie Doucet (BA in Metaphysics, Minister) at (800) 363-4171.

Mystical Journeys

Thursday, January 26, 7 p.m.

Lyndilee will be offering a gathering time (at the Library) for people to come and share their mystical experiences—that which connects us to the boundless. She can help people to better understand and work with the energy and symbolism behind some of these experiences. This will be a group-oriented process, guided by Lyndi, and participants will help set the program with their input.

For more information, contact Lyndi at (760) 855-2621 or leelaenergy@gmail.com.

Friday Events

From Jesus to Constantine: A History of Early Christianity Discussion Group

Fridays, 2:00 p.m.

Our new topic for our weekly discussion group focuses on early Christianity—the time period between Jesus' death and Constantine. How did an unknown religious sect become such an influential power in the Western world? Excerpts from “**From Jesus to Constantine: A History of Early Christianity**” will provide background information. Library Donation. Info: (760) 745-2724.

Adyashanti Gathering

1st Friday of the month, January 6, 7:00 p.m.

This is an open group of those seeking to experience the teachings of Adyashanti and the truth that he points to. We begin by watching a DVD of one of his Satsangs. Following is a sharing of how his teachings have benefited or affected us. Info: Genny (760) 743-3849.

Saturday Events

For more information, contact Lyndi at (760) 855-2621 or leelaenergy@gmail.com.

Joel Goldsmith's "The Infinite Way" Tape Study

All Saturdays, 11:00 a.m.

Hear Joel Goldsmith's direct teachings of The Infinite Way principles, mysticism and meditation

- Learn how to practice and attain conscious union with God.
- Meditation before and after tape.

Info: Waddy Wells (760) 271-4187. Library donation.

Metaphysics and Its Practical Applications

Spanish and English

Saturdays, January 7 and 21, 6-8:00 p.m.

This will be a Spanish introductory class to learn why it is that most persons do not live a fuller, more complete life. Discover the powerful hidden secrets of your subconscious self, beyond the physical "reality" imposed on you from childhood. Learn to master your mind and take control of your life by thinking "out of the box" and unrestrained by programmed limitations, restrictions and constraints. All you'll need is you, a pen and writing tablet. Library donation.

Clase introductoria sobre la metafísica y sus aplicaciones prácticas. Aprenda por qué es que la mayoría de las personas no viven una vida más plena, más completa; descubra los poderosos secretos ocultos de su subconsciencia, más allá de la "realidad" física impuesta en nosotros desde la infancia. Aprenda también a dominar su mente y tomar las riendas de su vida en el pensar, sin restricciones o limitaciones programadas. La clase es gratis y será ofrecida enero 7 y 21 a las 6:00 p.m. Tomará lugar en la **Biblioteca Filosófica de Escondido**, 1330 East Valley Parkway, Ste. "G"/ Bienvenidos! Lic. Marco E López-Quezada (916) 807-7975. DONACION

Mystical Journey

Saturday, January 14, 4 p.m.

Lyndilee will be offering a gathering time (at the Library) for people to come and share their mystical experiences—that which connects us to the boundless. She can help people to better understand and work with the energy and symbolism behind some of these experiences. This will be a group-oriented process, guided by Lyndi, and participants will help set the program with their input.

Volunteers Needed

We have many volunteer positions available in" marketing, grant writing, library operations, book filing, graphic arts, business administration, assistant Librarian, teaching a class, etc. For anyone looking to help make the world a better place by increasing the consciousness of others, why not start at the Philosophical Library?

Currently, we have need for a volunteer to work daily shifts in the store from 1 to 5 p.m. on a weekly basis. This would be perfect for someone who is retired or has free time on their hands. Duties include: working with the cash register, checking out books, book returns, answering questions, enrolling new members and greeting those that come in. No experience is necessary. Please contact Genny at the Library (760) 745-2724.

For Sale



Canon Pixma Pro9000 Color Photo Printer
With ink cartridges and paper.
Good Condition
\$155 benefits the Library.
Call Dan at (858) 692-5552



At the Philosophical Library:

Rev. Leslie Saunders—Kaballah Readings and Spirit Circles (Appointment Only)

Fridays, 2:00 to 5:00 p.m.

Rev. Leslie Saunders, president of National City Spiritualist Church, is a medium, teacher and Kaballah reader with many years of experience. Phone for an appointment at (760) 429-3854.

Indeara—Intuitive Readings

Fridays, 1:00 to 5:00 p.m.

Sundays by Appointment

Indeara is a spiritual reader: Clairvoyant, Clairaudient, Clairsentient. She is a medical and business intuitive, and healer and energy worker. She does past life readings, work-life balance and spiritual retreats. You can ask questions about your future, career, relationships, finance, business, etc.....anything you want guidance in, including 2012 questions. Readings are on a sliding scale \$60 to \$72 per hour. Contact Indeara at indeara333@gmail.com or (928) 225-5983.

Visit our **AMAZON** store, Ibis Books, at www.amazon.com/shops/ibis_books

See our interesting selection of used books for sale online—**spiritual—metaphysical—holistic—philosophical—alternative healing—paranormal—movement arts—some rare & out-of-print**—and, coming soon, gifts! All proceeds from your purchases from our Amazon store help keep the Library alive!



Do you have any questions about the Library, the newsletter, or our website? Perhaps you are considering an ad. Please feel free to contact any of our volunteer staff at (760) 745-2724 or e-mail us at info@philosophicallibrary.org

Living in Light
Grace Spiritual Center
 Develop Enlightenment • Gain Empowerment • Achieve Personal Growth

Rev. Grace Wynands
 Pastor

Sunday Services 10:30 am

Meditation Energy & Spiritual Healing	East Valley Community Center Community Room 2245 E Valley Parkway Escondido, CA 92027
Inspirational Talks and Spirit Messages	
Classes & Workshops Heightening Awareness of our Spiritual Gifts. (see our website).	760-638-1188

gracespiritualcenter@gmail.com
www.gracespiritualcenter.com

Seeking to share your Light with the world?

We invite you to join the I.S.F.....

Founded in 1923, the International Spiritualist Association upholds world peace, environmentalism, and communication between different levels of life.

Please visit our Website at:

<http://www.theisf.com> OR

E-mail: isfgensec@aol.com.uk



January 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Year's Day Celebration 2 pm	2	3 Dream Exploration 7 pm	4	5	6 Indeara 1-5 pm Discussion Group 2 pm Adyashanti 7 pm	7 Goldsmith 11 am Metaphysical Spanish Class 6 pm
8 EFT 6 pm	9	10 Attaining and Maintaining a Vibrant Life 7 pm	11	12 Maitreya 6:30 pm Meditation 7 pm	13 Indeara 1-5 pm Discussion Group 2 pm	14 Goldsmith 11 am Mystical Jour- neys 4 pm
15 EFT 6 pm	16	17 Attaining and Maintaining a Vibrant Life 7 pm Lady Ashtar 7 pm	18 Alexander Speals 7 pm	19 Akashic Records 5 pm	20 Indeara 1-5 pm Discussion Group 2 pm Annual Meeting and- Board Meeting 7:30 p	21 Goldsmith 11 am Metaphysical Spanish Class 6 pm
22 EFT 6 pm	23 Reshaping Your Life 6:30 pm	24 Attaining and Maintaining a Vibrant Life 7 pm	25	26 Mystical Journeys 7 pm	27 Indeara 1-5 pm Discussion Group 2 pm	28 Goldsmith 11 am
29 EFT 6 pm	30 Reshaping Your Life 6:30 pm	31 Attaining and Maintaining a Vibrant Life 7 pm				

Non-Profit
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Escondido, CA
Permit #193



The Philosophical Library is now located at 1330 E. Valley Pkwy, Escondido, behind the IHop restaurant. We are a non-profit organization operated entirely by dedicated volunteers and have been a community asset in Escondido since 1963. With over 10,000 books, audio, video and reference materials, it is the largest privately owned lending library open to the public in Southern California. Our selections cover an extremely wide range of spiritual topics – from Astrology to Zoroasterism – and everything in between! We have classes, seminars, special events and a Gift Shop with a large selection of gems, crystals, gifts, incense and used books. Our mission at the Philosophical Library is “to provide unique resources for those seeking meaning, wisdom and self-discovery”.

The Philosophical Library
1330 E. Valley Parkway, Suite G
Escondido, CA 92027

Return Service Requested



1330 East Valley Parkway, Suite G

Escondido, CA 92027

Phone: (760) 745-2724

Web Site: www.philosophicallibrary.org

E-mail: info@philosophicallibrary.org

Hours: Tues. thru Fri. 1 p.m. – 5 p.m.

Sat. 12-2 p.m.

Closed Sundays, Mondays and Holidays